

Meet the Team

Anna McCauley – Occupational Therapist



Anna is a registered Occupational Therapist having graduated from the University of Sydney with a Bachelor of Applied Science (Occupational Therapy) in 1992. Anna is a member of Occupational Therapy Australia.

Anna has supported children to be included in their early childhood settings for many years from initial enrolment through to the transition to school.

Anna has a strong commitment to family-centred service provision and aims to help families feel empowered to build their child's participation in everyday life. A strong knowledge of the early childhood services in Sydney assists Anna to help parents make informed choices about the supports available for their child.

After graduation, Anna worked at the Royal Alexandra Hospital for Children at Camperdown in the New Graduate programme. Since then Anna has always worked with children and families in Canada, the UK and Australia across a range of children's hospitals, community health, community services and private practice. She has continued to develop professionally by providing and receiving clinical supervision, attending ongoing training as well as attending and presenting at conferences.

Adelaide Pendlebury – Speech Pathologist



Adelaide is a certified Speech Pathologist with a Bachelor of Applied Science (Speech Pathology) from The University of Sydney and has worked in the private sector since 2002. Adelaide also holds an Associate Diploma in Drama and Performance as well as a Diploma in Journalism.

Adelaide is a member of Speech Pathology Australia and she is an active participant in the Professional Self Regulation Program. Keeping informed of the latest advances and evidence-based practice in the assessment and treatment of communication difficulties is a high priority for her. Adelaide has received additional training in the Hanen Centre Program 'It Takes Two to Talk', the principles and methods of Voicecraft, and the diagnosis and treatment of Childhood Apraxia of Speech.

Adelaide has a wealth of experience working with children in the areas of articulation, language, literacy, and stuttering. She has worked in a number of settings including private clinics, early education centres, schools, and homes. Adelaide has also presented workshops to early education teams and health professionals on a variety of topics relating to communication.

Adelaide is passionate about early intervention and believes that collaborations between families, health professionals and educators are crucial in supporting children to achieve their full potential.

Lukshini Rasakulasingam – Speech Pathologist



Lukshini is a certified speech pathologist with a Masters of Speech Pathology from the University of Sydney. Lukshini is a member of Speech Pathology Australia and attends regular professional development activities.

Lukshini previously worked in a private clinic and has extensive experience providing assessment and therapy to children in the areas of language, articulation, literacy, social communication and stuttering. Lukshini has worked within the settings of a private clinic, school and preschool. She has delivered therapy on an individual and group basis.

Lukshini has an interest in Autism Spectrum Disorder. She has a family centred approach to early intervention and believes it is important to tailor therapy to each individual child.

Katrina Reid – Speech Pathologist



Katrina is a Certified Practicing Speech Pathologist and holds a Masters of Speech Pathology from Flinders University, a Graduate Diploma of Education (LOTE/ESL) from the University of Melbourne and a Bachelor of Arts (Psychology/Indonesian) also from the University of Melbourne.

Katrina has been working in private practice for the past 5 years. She has worked closely with children and their families with a range of different communication needs including articulation, language delay and disorder, stuttering, learning difficulties, Autism Spectrum and voice disorders.

Prior to becoming a Speech Pathologist, Katrina taught in a range of primary and secondary settings in Melbourne, regional Victoria and also in Japan. This experience inspired her to retrain as a speech pathologist in order to assist those children experiencing difficulty accessing the curriculum. Katrina is passionate about helping all children reach their potential.

Sarah Doyle – Paediatric Occupational Therapist



Sarah is a registered Occupational Therapist with extensive experience working as a Paediatric Occupational Therapist across both private and public sectors. She holds a Bachelor of Applied Science (Occupational Therapy) from the University of Sydney and is a member of OT Australia.

Sarah has experience in Australia and the United Kingdom working with children of all ages and levels of disability. Sarah has worked in large multi-disciplinary community teams, child and adolescent mental health teams and held clinical specialist roles for ASD and ADHD. Sarah believes that the most effective form of therapy is through family-centred practice and forging strong links with the education sector. Sarah's strengths are people skills, leadership and achieving the best possible outcomes for children.

Sarah has developed and delivered parent/teacher education workshops and has provided private mentoring to OTs for 7 years. Sarah remains active with post tertiary development having completed widespread training including the SOS approach for picky eaters, Family Partnerships, Therapeutic Listening, Therapressure Brushing, COOP, Learn to Play and she is an accredited therapist for Sensory Integration.

Sarah is passionate about working with children and communities, striving for the best quality, evidence-based, assessment and interventions for children and their families.

Simone Ryan – Occupational Therapist



Simone is a registered Occupational Therapist with a Master of Occupational Therapy from Curtin University and a Bachelor of Science (Exercise and Health) from the University of Western Australia.

Simone has experience working with children from birth to 18 years with a variety of needs including Autism Spectrum Disorder, Global Developmental Delay, Developmental Coordination Disorder (motor dyspraxia), Cerebral Palsy, and sensory integration and processing disorders.

With a DIR/Floor time background and training, Simone values play based therapy and has special interests in the development of self-regulation and self-care skills. Simone is a trained SOS Approach to Feeding therapist, and has completed additional training in play skills and development, toileting, attachment, autism, sensory processing, Video Self Modelling, the Alert program and Zones of Regulation.

Simone believes strongly in family centred and strength based practice, and thoroughly enjoys working closely with families and caregivers to achieve the best possible outcomes for their children.

Sarah Kappel – Speech Pathologist



Sarah is a Certified Practicing Speech Pathologist with a Masters of Speech Language Pathology from the University of Sydney and a Bachelor of Behavioural Neuroscience from Monash University (Neuroscience/Physiology).

Sarah has practiced as a Speech Pathologist for 7 years, in both the private and public sectors, providing assessments, therapy, and management to children in both the classroom, and clinical environments. She has worked extensively with children with diverse communication needs, including speech sound disorders, language delay, stuttering, voice disorders, Global Developmental Delay, Autism Spectrum Disorder, Auditory Processing Disorder, and feeding and saliva management difficulties.

It was her experience as an in home respite care worker for children with special needs, and role as an integration aide in the classroom, prior to becoming a speech pathologist, that inspired her to pursue speech pathology to empower children to communicate and better support caregivers.

Sarah has additional training in the “SOS Approach to Feeding”, “Cognitive Language Therapy”, “Key Word Sign” (previously MAKATON), and “Spalding Education International”. She feels passionately about taking a holistic approach to each child’s development, and personalizing therapy to embrace the character and needs of the child and their family.